



## Aquatics Program

Fair Swim Center, 1350 Bacchus Dr.

Phone: 408-277-2291 • Fax: 408-282-1636

Supervisor: Jeremy Shoffner • Email: jeremy.shoffner@sanjoseca.gov

### Camden Pool

3369 Union Avenue

(408) 369-6441

Minimum Height Requirement: 42"

#### Camden Pool-Lap Swim

- Open to adults. Mature teens at least 13 years of age may also swim when the session is not full if accompanied by an adult 18 years or older for the entire duration of use.
- No children allowed at pool side while adults use the facility.
- At selected times fewer than eight lanes may be available.
- Center is not responsible for lost or misplaced passes.
- No food, drinks, or smoking allowed on the pool deck.
- Kickboards, hand paddles, etc., are available for use.
- Bring your own towel, lock, and amenities.
- We reserve the right to refuse entry.

**Hours:** Monday - Friday: 6:30-8:30am

11:30am-1:30pm, 5:30-7:30pm • Saturday: 9-11am

**One time drop-in:** Adults - \$3.50 • Senior/Youth/Disabled - \$2.25

**10 visit pass:** Adults - \$27.50 • Senior/Youth/Disabled - \$18.00

#### Water Exercise

**\$115**

This class is a basic water exercise program developed to promote overall fitness, muscle conditioning, and body stretching. This class will use walking exercises, the natural resistance of the aquatic environment and flotation equipment.

No Class 9/4, 10/9, 11/10

Course#	Day	Date	Time	Age	Mtg.	Loc.
403.1.505	M/W/F	9/6-11/17	9:30-10:15am	18+	30	CM

#### Lifeguard Training

**\$170**

Includes First Aid and CPR for the Professional Rescuer. This class is designed to prepare individuals to recognize aquatic emergencies, act promptly and appropriately, perform rescues and techniques used by lifeguards, and perform First Aid and CPR. Prerequisites: 15 years old, swim 500 yards continuously, and retrieve and object from 7 ft. of water. Full attendance is mandatory for certification. Fee includes class materials. Bring ID, swimsuit and towel to class.

Course #	Day	Date	Time	Age	Mtg.	Loc.
403.2.601	T/Th	9/17-9/28	5-9pm	15+	6	CM
	Sa	9/17-9/28	9am-5pm	15+	6	CM

### Fair Swim Center

1350 Bacchus Dr.

(408) 277-2291

Minimum Height Requirement: 36"

#### Fair Swim Center Lap Swim

- Open to adults. Mature teens at least 13 years of age may also swim when the session is not full if accompanied by an adult 18 years or older for the entire duration of use.
- No children allowed at pool side while adults use the facility.
- At selected times fewer than eight lanes may be available.
- Center is not responsible for lost or misplaced passes.
- No food, drinks, or smoking allowed on the pool deck.
- Kickboards, hand paddles, etc., are available for use.
- Bring your own towel, lock, and amenities.
- We reserve the right to refuse entry.

**Hours:** Monday - Friday: 5:30-7:30pm

**One time drop-in:** Adults - \$3.50 • Senior/Youth/Disabled - \$2.25

**10 visit pass:** Adults - \$27.50 • Senior/Youth/Disabled - \$18.00

#### Lifeguard Training

**\$170**

Includes First Aid and CPR for the Professional Rescuer. This class is designed to prepare individuals to recognize aquatic emergencies, act promptly and appropriately, perform rescues and techniques used by lifeguards, and perform First Aid and CPR. Prerequisites: 15 years old, swim 500 yards continuously, and retrieve and object from 7 ft. of water. Full attendance is mandatory for certification. Fee includes class materials. Bring ID, swimsuit and towel to class.

Course #	Day	Date	Time	Age	Mtg.	Loc.
402.2.100	T/Th	9/19-9/30	5-9pm	15+	6	FA
	Sa	9/19-9/30	9am-5pm	15+	6	FA

#### Water Safety Instructor

**\$190**

Includes fundamentals of Instructor training. This class is designed to teach participants the skills to be a successful swimming instructor. Participants will learn how to evaluate student's progress, plan effective swim lessons, and make accommodations for students with disabilities. Prerequisite: 16 years old and successful completion of pre-course test. Full attendance is mandatory for certification. Fee includes class material. Bring ID, swimsuit and towel to class.

Course #	Day	Date	Time	Age	Mtg.	Loc.
402.2.101	T/Th	10/10-10/21	5-9pm	16+	6	FA
	Sa	10/10-10/21	9am-5pm	16+	6	FA